



You can reduce your risk of a fall!

Falls Free® Wisconsin can help

- Learn how vision, medications, hearing - even footwear - affect your falls risk
- Spot the falls hazards in an interactive virtual home tour and learn how to remove them to stay safe
- Learn balance and strength exercises designed to reduce your risk of falling



Find all this and more at: [FallsFreeWI.org](https://www.FallsFreeWI.org)



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