

Prescriptions, Supplements, and Everything in Between

Understanding the link between
medications and preventing
falls as we age

Falls
Free®
Wisconsin

Age Well
Series

Join us for an informative webinar to learn how different medications—including prescriptions, over-the-counter medications, and supplements may impact our risk of falling. We'll talk about what to watch for, when to ask questions, how to work with our doctor or pharmacist to keep us steady on our feet, and how to manage our medications safely.

**Tuesday,
December 9
1:00-2:00 p.m. CST
FREE WEBINAR**

Presenters: Nancy Shea, RPh,
BCGP, GCAPn &
Dr. Mike McKinnis, PhD.,
MOT, OTR

Whether we take just a few medications or many, this webinar will give us tips to help protect our health, independence, and falls resiliency!

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Wisconsin Institute
for Healthy Aging

<https://wihealthyaging.org>