

## AGENDA



# Advancing Resilience: A Virtual Falls Prevention Summit

## TUESDAY

## DAY 1: TUESDAY, APRIL 21, 2026

9:00 AM

WELCOME

9:10 AM

KEYNOTE: FALLS RESILIENCY

Erin Eleu, ACSM-CPT, AGEnts of Movement

10:05 AM

PANEL: BINGOCIZE IN WISCONSIN

Cassie Sanders & Nichole Gaudette, Richland County Aging & Disability Resource Center (ADRC)

Schuyler Metoxen & Patricia Harms, Oneida Aging & Disability Services

Lori J. Fure, ADRC of the Lakeshore

Kristeen Owens, Exercise Innovations, LLC

10:40 AM

BREAK

10:50 AM

PRESENTATION: NUTRITION & FALLS

Pam VanKampen, RDN, CD & Kristi Cooley, RDN, CD, GWAAR

11:30 AM

BREAK

11:40 AM

PRESENTATION: 4Ms FRAMEWORK OF AN AGE-FRIENDLY HEALTH SYSTEM

Jasmine Townsley, DO UW-Health - Geriatric Medicine Fellowship

12:15 PM

WRAP UP: STATE AND LOCAL RESOURCES

Suzanne Morley, CHES, Wisconsin Institute for Healthy Aging

*Intended audience: Falls/injury prevention professionals, aging network, healthcare/EMS, students in aging-related fields, etc.*

[FallsFreeWI.org/summit](https://FallsFreeWI.org/summit)

## THURSDAY

## DAY 2: THURSDAY, APRIL 23, 2026

9:00 AM

WELCOME

9:10 AM

KEYNOTE: MEDICATIONS & FALLS

**Beth Martin, RPh; PhD, FAPhA**, UW-Madison School of Pharmacy  
**Kaisa Kerrigan, MPH**, Milwaukee County Department of Health & Human Services  
**Michelle Erdmann**, ADRC of Brown County

10:20 AM

BREAK

10:30 AM

PANEL: CULTURAL NEEDS & RELEVANCY IN PROGRAMMING

**Alisa Lammers**, ADRC of Barron and Rusk Counties  
**Mary Wolf**, Lac Courte Oreilles Aging & Disability Programs  
**Shary Pérez-Torres, MPH**, United Community Center  
**Johnny Winston Jr., ISSA-CPT**, Johnny Winston CARES Fitness and Wellness

11:05 AM

PANEL: HOW TO TALK ABOUT FALLS WITH OLDER ADULTS

**Candy Hoyt**, Stepping On Peer Facilitator  
**Holly Altenberger**, O'Connell Pharmacy  
**Edmund Duthie, MD**, Medical College of Wisconsin  
**Kate Garcia**, Heritage Senior Living

11:45 AM

BREAK

11:55 AM

PANEL: TECHNOLOGY FOR FALLS PREVENTION

**Ashlie Arones**, Health Care District of Palm Beach County  
**Cierra Boutelle**, Oshkosh Seniors Center  
**Jayer Fernandes**, UW-Madison, Dept. of Electrical & Computer Engineering

12:25 PM

WRAP UP: STAY CONNECTED

**Suzanne Morley, CHES**, Wisconsin Institute for Healthy Aging

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