

Safe at Home: Community Resources to Support Independence

Many of us hope to remain in our own homes as we age—often referred to as “aging in place.” Doing so safely and with confidence is key to staying mobile, resilient, and independent, while reducing our risk of falls.

The resources in this document are designed to support healthy aging by providing information and guidance on home modifications that promote safety, comfort, and independence. With falls prevention in mind, these tools can help you make informed decisions that support aging in place—now and in the future.

As you explore the resources below, consider the following:

- The cost of assessments, services, and home safety modifications
- Your personal plan for aging in place
- Your individual risk of falling
- The cost of not making changes (i.e. injury due to a preventable fall)

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Home Safety Assessments

Seek out a home assessment to learn what changes or modifications may be needed to help you and your home prepare to age in place safely and confidently.

Home Safety Innovations LLC (Serving all of Wisconsin & Eastern Minnesota)

- Home safety assessments for \$100 and a free return visit to teach proper use of equipment and caregiver education.
- <https://homesafetyinnovations.com/home-safety-assessment/>

Thrive at Home (Dane County)

- A mobile occupational therapy private practice that provides home safety assessments and more.
- Thriveathome.family/

Strive at Home (Fox Valley and Surrounding Areas)

- Provides home safety evaluations, specialized balance training programs, and more.
- Strivetherapywi.com/

Age Better: Safe at Home (Dane County)

- Offers free home safety assessments to residents in Dane County.
- Agebettertoday.org/safe-at-home/

Lifeway Mobility (Southeastern WI)

- Offers free home assessments and a variety of products can improve safety at home.
- <http://lifewaymobility.com/milwaukee-madison/solutions/home-safety/>

Offering Hope Therapies (Within 1 hour of Ladysmith office)

- Offers one home visit per client for a home safety assessment (or aging in place assessment).
- <https://offering-hope.com/>

Home Safety Assessments Cont'd

Adaptive Remodeling Solutions (South Central Wisconsin)

- Specializes in aging in place modifications. Offers a free comprehensive home safety analysis.
- <https://adaptiveremodelingsolutions.com/>

Welling Kitchen, Bath & Floor (Within 20 minutes of Stevens Point office)

- Identifies home improvements/modifications to make it safer to stay at home as we age.
- <https://wellingkbf.com/aging-in-place/>

Bridgeway Independent Living Designs (BILD) (Southeastern Wisconsin, Madison & Appleton)

- Offers free home assessments, adaptive equipment, and home accessibility solutions.
- <https://www.bildnow.com/>

Home Repair Resources

Habitat for Humanity of Wisconsin River Area (Baraboo)

- Home Repair Program to increase the safety of one's home. They provide loans and volunteers to complete the project.
- <https://www.hfhwisconsinriver.org/home-repair>

Tomorrow's Home Foundation (Statewide)

- Provide critical repairs to low-income home owners that are essential to remain in their home.
- <https://www.tomorrowshomefoundation.org/>

Home Repair Resources Cont'd

Southwestern Wisconsin Community Action Program (Grant, Green, Iowa, Lafayette, and Richland counties)

- This program provides loans for necessary, unexpected home repairs to those who qualify.
- <https://swcap.org/programs-services/housing/home-repair/>

USDA Rural Development (Statewide)

- Provides loans for home repair to remove safety and health hazards for those with a low household income and grants for those over the age of 62.
- <https://www.rd.usda.gov/programs-services/single-family-housing-programs/single-family-housing-repair-loans-grants/wi>

Rebuilding Together Fox Valley (Statewide)

- Provides critical home repairs to allow individuals to age in place safely.
- <https://rebuildingtogether.org/>

Project Home (Dane & Green Counties)

- Performs home repairs, accessibility modifications, and energy improvements to make homes healthier and safer.
- <https://www.projecthomewi.org/>

Revitalize Milwaukee (Milwaukee & Waukesha Counties)

- Assists low-income seniors, veterans, and individuals living with disabilities in making critical home repairs that enhance accessibility and safety.
- <https://www.revitalizemilwaukee.org/get-help>

Independent Living Centers

Independent Living Centers (ILCs) are consumer-run organizations that provide services to people of disabilities of any age. There are 8 ILCs throughout Wisconsin that provide home safety assessments, independent living skills training, housing information, and more.

- **Access to Independence:** Columbia, Dane, Dodge, and Green counties and Ho-Chunk Nation. <https://www.accesstoind.org/>
- **Compass IL:** Barron, Chippewa, Clark, Dunn, Eau Claire, Pepin, Pierce, Polk, Rusk, and St. Croix counties, Ho-Chunk Nation, and St. Croix Band of the Lake Superior Chippewa tribes. <https://compassil.org/>
- **Independent Living Resources, Inc:** Buffalo, Crawford, Grant, Iowa, Jackson, Juneau, La Crosse, Lafayette, Monroe, Richland, Sauk, Trempealeau, and Vernon counties, and Ho-Chunk Nation. <https://www.ilresources.org/>
- **Independence First:** Milwaukee, Ozaukee, Washington, and Waukesha counties, and Forest County Potawatomi tribe. <https://www.independencefirst.org/>
- **Midstate Independent Living Choices:** Adams, Florence, Forest, Langlade, Lincoln, Marathon, Oneida, Portage, Taylor, Vilas, and Wood counties, and Lac du Flambeau Band of Lake Superior Chippewa, Forest County Potawatomi, and Sokaogon Mole Lake Chippewa tribes. <https://www.milc-inc.org/>

Independent Living Centers Cont'd

- **indoGO:** Ashland, Bayfield, Burnett, Douglas, Iron, Price, Sawyer, and Washburn counties, and Bad River Band of Lake Superior Chippewa, La Courte Oreilles Band of Lake Superior Chippewa, St. Croix Band of Lake Superior Chippewa, and Red Cliff Band of Lake Superior Chippewa tribes. <https://indigowi.org/>
- **Options for Independent Living:** Brown, Calumet, Door, Fond du Lac, Green Lake, Kewaunee, Manitowoc, Marinette, Marquette, Menominee, Oconto, Outagamie, Shawano, Sheboygan, Waupaca, Waushara, and Winnebago counties, and Stockbridge-Munsee Band of Mohican Indians, Oneida Nation, and Menominee Indian Tribe of Wisconsin tribes. <https://optionsil.org/>
- **Society's Assets:** Jefferson, Kenosha, Racine, Rock, and Walworth counties, and Ho-Chunk Nation. <https://www.societysassets.org/>

Local Falls Prevention Coalitions

Many falls prevention coalitions exist throughout the state. These coalitions may have additional resources for you to explore in your local community.

- **Brown County Falls Prevention Partnership.** <https://adrcofbrowncounty.org/fall-prevention/>
- **Dodge County Falls Coalition.** <https://fallsfreewi.org/wp-content/uploads/2025/08/DCFC-general-flyer.pdf>
- **Falls Free Dane Coalition of Safe Communities.** <https://safercommunity.net/falls-prevention/>

Local Falls Prevention Coalitions Cont'd

- **Finding Balance Together** (serving Calumet, Outagamie, Winnebago Counties, and more). <https://www.findingbalancetogether.org/>
- **Fond du Lac Standing Strong Against Falls.**
<https://www.standingstrongagainstfalls.com/>
- **Kenosha County Falls Prevention Coalition.**
<https://www.kenoshacounty.org/2000/Kenosha-County-Falls-Prevention-Coalition>
- **La Crosse County Falls Prevention Coalition.**
<https://www.lacrossecounty.org/lacrossestopfalls/resources>
- **Milwaukee County Falls Prevention Coalition.** <https://www.mcfpc.net/>
- **Portage County Healthy Aging Coalition.**
<https://www.co.portage.wi.gov/157/Aging-Disability-Resource-Center>
- **Rusk County Falls Prevention Coalition**
- **Waukesha County Falls Prevention Coalition**

Other Resources to Explore

Explore these resources to identify which options best suit your needs and location. Obtain a home assessment to evaluate the modifications that may be required for you to remain at home safely and independently.

Age Safe America

- By signing up as a part of their registry, they will help provide you with the information to receive services to meet your needs.
- [Agesafeamerica.com/age-safe-services-registry/](https://agesafeamerica.com/age-safe-services-registry/)

Aging and Disability Resource Centers (ADRCs)

- With centers across Wisconsin, ADRCs can help connect you with resources and services to maintain independence and quality of life.
- <https://www.dhs.wisconsin.gov/adrc/contacts.htm>

Catholic Charities (Southeastern WI)

- Hoarding Intervention & Treatment Program.
- <https://www.ccmke.org/Catholic-Charities/Get-Help/Hoarding-Intervention--Treatment-Program.htm>

National Association of Home Builders (NAHB)

- Explore Certified Aging in Place Specialists (CAPS) in Wisconsin through NAHB.
- <https://www.nahb.org/nahb-community/nahb-directories/>

Wisconsin Home Modification and Repair Resources

- Resources for funding, home modification, and repair providers by city.
- <https://homemods.org/directory-state/wi/>

Notes

Please note that this document does not include all available agencies, like local contractors, which may also be a valuable resource. When exploring these options, be sure to check online reviews and/or the Better Business Bureau (BBB) for added peace of mind.

- <https://www.bbb.org/>

In addition, other individuals or organizations not listed here—such as your local fire department, or Occupational or Physical Therapists—may also offer home safety assessments. Don't hesitate to reach out to your local departments to learn what services are available in your community. Note that a referral may be needed to see an OT or PT and those services may be covered by insurance.

Durable medical equipment (DME) may also be available through loan closets at local senior centers, Aging & Disability Resource Centers (ADRCs), and Independent Living Centers (ILCs), providing affordable access to helpful safety equipment.

This guide was developed by the Falls Free® Wisconsin Coalition, whose mission is to prevent and reduce falls as we age. Additional home safety resources, including an interactive Home Safety Challenge, and other information to help you on your falls resiliency journey can be found on our website.



FallsFreeWI.org



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